

## UPCOMING EVENTS



### SCHOOL

**Monday SEP 18:**

P&C Meeting - 6:30pm in our staffroom

**Thursday SEP 21:**

Lori Rewards Day

**Friday SEP 22:**

VOTM - Presentation

Last day of Term 3



### SPORT

**Monday SEP 18:**

Swimming Program

**Tuesday SEP 19:**

Swimming Program

**Wednesday SEP 20:**

Swimming Program

**Thursday SEP 21:**

Swimming Program

**Friday SEP 22:**

Swimming Program

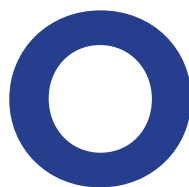
K-1 Sports Fun Day



ABOVE: Last Friday it was Year 2's turn to visit Rouse Hill Estate.

FROM THE  
**DEPUTY PRINCIPAL**

## MEMORIAL SERVICE



On Thursday many staff and community members attended a memorial service for one of our beloved teachers Mrs Rachelle Myers. The service was lovely and a very nice send off for an amazing lady. We will miss her friendly smiling face at KPS.

Our  
OFFICE  
HOURS  
are  
**8.30am – 3.15pm**

MAKE  
A  
PAYMENT

[LINK](#)

Uniform Shop  
**NEW HOURS**  
Tuesdays  
8:30am-9:30am  
Thursdays  
2:30pm – 3:30pm

**SECURITY  
HOTLINE**

**1300 880  
021**

**CANTEEN  
ONLINE  
ORDER**

[www.flexi-schools.com.au](http://www.flexi-schools.com.au)

[LINK](#)



## Swimming School

Swimming school commenced this week and the 60 students who are attending each day are really enjoying it. We can already see their swimming skills improving. Swimming school will continue next week. Thank you to all the teachers and staff who are attending each day to support our students and ensure they have access to this worthwhile program.

## Year 4 Great Aussie Bush Camp

This week we waved goodbye to our Year 4 students as they set out to enjoy 2 days at The Great Aussie Bush Camp. Thank you to Mr Wootton, Mrs Buckton, Mrs Ghantous, Mr Gilks and Miss Hoult for accompanying the students and leaving their own families to attend this excursion. On Thursday morning the teachers reported that all students slept well and were having a fabulous time. They were up nice and early Thursday and on to the activities before 8am. There were lots of fun activities the children were able to enjoy, and I know that the giant swing, night games, and rock-climbing activities were very popular. I am sure there were many tired children and staff on Thursday night. Thank you to all the parents for supporting this wonderful opportunity. Thank you to Mr Wootton for organising this excursion and giving our Year 4 students this wonderful opportunity.

## Check in assessment Year 6

This week Year 6 have participated in the Department of Education Check in Assessment. This test was done online. The students completed a test in Reading, Writing and Numeracy. The results of this test will be sent on to the high school, to give them an insight into where our Year 6 students are up, to so they can begin to cater for their academic needs. Congratulations to all Year 6 students on completing these tests and giving it their Personal Best during each test.

## Futsal Finals Sydney

On Monday Mr Brady and Mrs Ryan took our girls and boys Futsal teams to Sydney to compete in the Regional Futsal finals. A big thank you to all parents who helped transport the students. Please read about their day, further in the newsletter.

## P&C Meeting

On Monday September 18 our next P&C meeting will be held. If you would like to come along and have a say, please join us in the staffroom from 6:30pm. All welcome.

## Central Coast Regional Public Speaking Comp

On Wednesday our school Public Speaking finalists went to Umina Public School to compete against students from other schools in the Regional Public Speaking finals. The students who represented our school were,

**Kindergarten** – Jaxon M and Milan K

**Stage 1** – Ella M and Bailey H

**Stage 2** – Ava H and Saige G

**Stage 3** – Kaveh S and Emma

Congratulations to all these students on giving their Personal Best at the finals.

## K- 1 Sports Day

On Friday 22nd September, the last day of term, our Kindergarten and Year 1 students will have their sports carnival here at school. This will be a fun day where they all get together and participate in lots of fun activities. Parents are welcome to come along and join in the fun. Information notes have gone home to all students in Kindergarten and Year 1. We hope to see lots of parents here for an enjoyable day.

## Kindergarten 2024

Our 2024 Kindergarten enrolments are open, and we encourage everyone to start this process as soon as possible. Organisation for our school readiness, early bird sessions and orientation programs are being finalised and will commence on November 1. To ensure that our families receive all the relevant information, please let the office know if you have not yet enrolled, wish to enrol, or need assistance with enrolment. We are getting very excited and look forward to meeting all our newest students for 2024. You can enrol at the school office or online via the Department of Education webpage.



By **KERRY RAYNER**  
Kariong Public School  
DEPUTY PRINCIPAL

# KPS SCHOOL DISCO

**WED 1 NOV  
SCHOOL HALL**

**2 PROFESSIONAL DJS  
LOADS OF FUN**

**COME IN HALLOWEEN COSTUME IF YOU WISH**

**\$5 ENTRY FEE**

**Pay NOW through SCHOOL BYTES**

**K-2 DISCO: 3:30 - 4:30 PM**

**YRS 3 & 4 DISCO: 5:00 - 6:00 PM**

**YRS 5 & 6 DISCO: 6:15 - 7:15 PM**



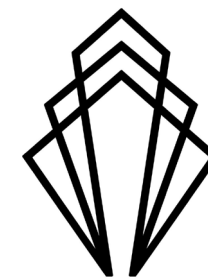
## PBL UPDATE

### LORI REWARDS DAY

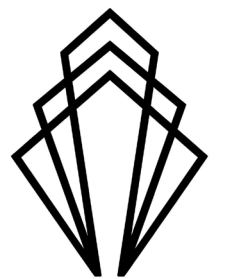
On Thursday of Week 10, for the entire afternoon session... Everyone will get to pick one of three activities:

- Movies at school
- Peppermint Park
- Music in the hall

We can't wait to celebrate a fantastic Term 3!



PBL  
LESSON ON OUR  
NEW CUBBIES  
**COMING**  
NEXT WEEK









**STATE CHAMPIONSHIPS**

# FUTSAL

**MONDAY 11 SEPT**



**O**n Monday 11 September, our 10 year old boys and our 13 year old girls Futsal teams competed at the State Futsal Championships that were held in South Windsor. All students played exceptionally well and showed great sportsmanship. We are very proud of our Futsal teams. Both teams had some wins on the day!

Congratulations to our players.

**MR BRADY AND MRS RYAN**  
Futsal Coordinators

**10 YEARS BOYS TEAM**

Aiden B  
Harrison B  
Bryan B  
Cooper L  
Charlie F  
Joel W  
Travis C  
Liam V  
William S  
Lucas J

**13 YEARS GIRLS TEAM**

Katelyn G  
Charlotte T  
Charlotte P  
Charlotte A  
Emily H  
Lara G-H  
Ashleigh B  
Indi G  
Grace F  
Eliza E





**13 YEARS GIRLS TEAM AND  
MRS RYAN (COACH)**



**10 YEARS BOYS TEAM AND  
MR BRADY (COACH)**





# ROUSE HILL

## ESTATE AND FARM

**D**espite the wet weather, Year 2 braved the conditions and went back in time to 1889. We were fascinated by so many things and learnt how it was 'back in the day'. We were shocked about the amount of chores kids had to do - up at 5am to feed the animals, milk the cows, do the washing, plough the fields and

walk 10 miles to school - then do the same thing when we got home plus homework! We were all well-behaved and had a great time learning about the past.

### THE YEAR 2 TEACHERS











THE INCLEMENT WEATHER  
EVENTUALLY CLEARED







GOLD BOOK	
Thea B	KW
Avannah W	KW
Aster C	KW
Saskia R	KW
Eli J	KB
Poppy Y	KB
Aida C	KB
Telea W	KB
Sophia S	KJ

MERIT AWARDS	
Cooper S	3G
Keegen R	3G
Mia H	3G
Lilly H	3G



SILVER AWARDS	
Ella S	5/6A
Xavier W	5/6A
Raphael M	5/6S
Jake M	5/6A
Emma S	5/6R
Tahlia M	5/6R
Cooper S	3G
Ryan G	3G
Eli M	3G
Maila W-S	3G
Abbie C	3G

**SAVE THE DATE**  
**SATURDAY**  
**14 OCTOBER**  
KARIONG PUBLIC SCHOOL

**SPRING PHOTO FUNDRAISER**

**LOOKPRO**

**18 KARIONG PUBLIC SCHOOL**



# A REMINDER ABOUT MONEY COLLECTING PROCEDURES

All cash money sent to the school is to be brought to the Administration Office and placed into the **letterbox slot** that is on the front wall near the counter. This will allow payments to be placed securely, even when the office is not open.

Please **do not leave money on the counter**. We ask that the envelope/ziplock be marked with your child's name, class and what the payment is for, to allow the payment to be processed.

The office staff will administer all money and a receipt will be emailed to the person who paid. This procedure ensures better handling of all monies and reduces disruption to teachers and students.

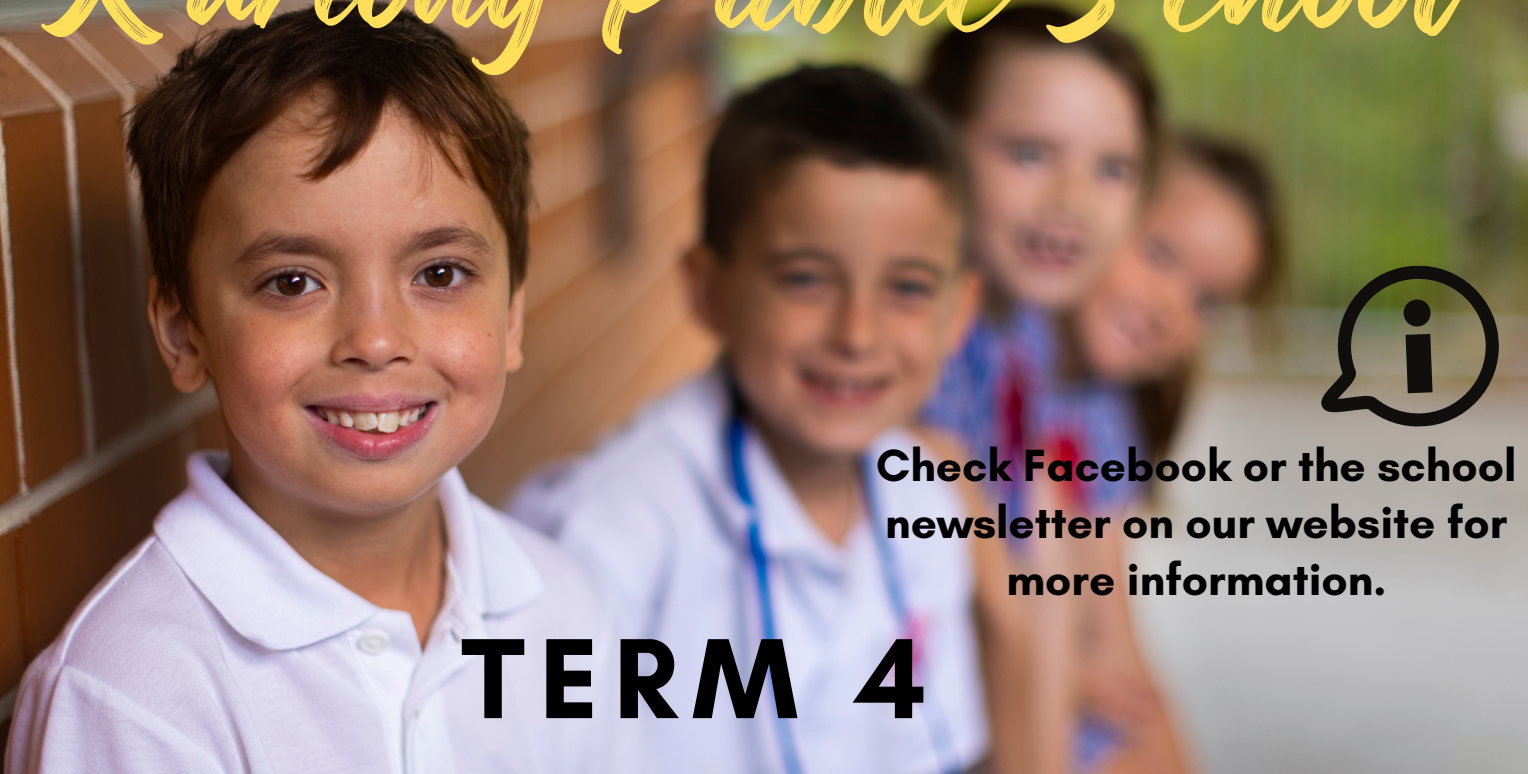
We provide a variety of ways to make payments within the school, to make it easier for families and alleviate some students bringing large amounts of money to school.

EFTPOS payments may be processed at the Administration Office between the hours of 8.30am – 3.00pm.

We no longer are permitted to take EFTPOS **over the phone**. Our school has implemented a system called School Bytes to manage payments. Parents/carers can visit the School Bytes portal at any time to make a payment online, view payment history and apply credit.



# Kariong Public School



Check Facebook or the school newsletter on our website for more information.

## TERM 4

P & C Meeting: 6:30 pm Mon October 16  
Choral Festival Show Night: Tues October 24  
Stage 3 Disco: 6:15 – 7.15 pm Wed November 1  
Stage 2 Disco: 5:00 – 6:00 pm Wed November 1  
K-2 Disco: 3:30 – 4:30 pm Wed November 1  
Grandparents/Friends' Day: 1 pm Frid November 10  
P & C Meeting: 6:30 pm Mon November 20  
Schools Spectacular: November 22/23/24  
Year 6 Mini Fete: Frid December 1  
Stage 3 Presentation Day: 9:30 am Tues December 5  
Stage 2 Presentation Day: 9:30 am Thurs December 7  
Stage 1 Presentation Day: 11:40 am Wed December 6  
Kindergarten Presentation Day: 9:30 am Wed December 6  
Yr 6 Farewell: Tues December 12  
Year 6 Graduation: Thurs December 14  
K-4 Fun Day: Frid December 15

### Early Birds Program for Kindergarten 2024

Wed 1 Nov

Wed 8 Nov

Wed 15 Nov (uniforms)

Wed 22 Nov



43 401885



kariong-p.schools.nsw.gov.au



Kariong Public School

2023

# Spring youth school holiday programs



Stop Motion Animation  
Wednesday 27 September  
Art Space 1 Erina Centre



Digital Illustration  
Wednesday 4 October  
Art Space 1 Erina Centre

Lights, camera, stop motion action! Embark on a creative holiday adventure with this hands on workshop.  
Limited spots available!  
Suitable for 13-17yr olds  
Cost: \$5.50

Unlock your artistic potential! Learn the basics of digital drawing, explore different illustration styles, using Procreate.  
Limited spots available!  
Suitable for 13-17yr olds  
Cost: \$5.50



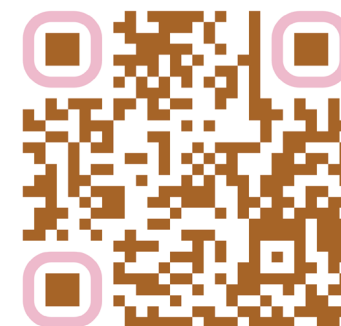
@centralcoastcouncil  
youthservices



@cccouthservices

e:youthservices  
@centralcoast.nsw.gov.au

SCAN  
for more details



League Stars Skills Clinic  
Thursday 5 October  
Kariong Skate Park



CCS Skate Workshops  
Thursday 5 October  
Kariong Skate Park



Plug & Play – Jam Session  
Friday 6 October  
The Hub Erina, Erina Fair

Level up your skills at our exhilarating NRL non-contact skills clinic. Tap into your athletic potential in a fun, safe and supportive environment. Suitable for 5-12yr olds  
Cost: FREE

Get ready for the Central Coast Series skate workshops and competition for all skill levels. Showcase your skills and win awesome prizes! Suitable for 5-18yr olds  
Cost: FREE

Grab your instruments, bring your creativity for a music jam session like no other. Sing, play and collaborate with other like-minded young people. Suitable for 12-24yr olds  
Cost: FREE

Central  
Coast  
Council

Youth  
Services

CONNECT. CONSULT. CREATE

KARIONG PUBLIC SCHOOL 21



# Central Coast Series

FREE SKILLS WORKSHOP AND  
COMPETITION.

5 OCTOBER - 11AM TO 3PM

@ KARIONG SKATE PARK

## REGISTRATIONS ARE NOW OPEN!



Youth  
Services



## LEAGUE STARS

NRL Game Development have  
partnered with Central Coast  
Council Youth Services to  
deliver a free League Stars  
holiday clinic.

FREE Skills Clinic (Non-contact)

Thursday, October 5, 2023

9:00am to 10:30am

Kariong Oval

Register via the link

Partnered with

Central  
Coast  
Council



# We're hiring School Crossing Supervisors



Help protect our vibrant school communities.



Be a road safety hero for school kids, caregivers, and school staff.



Be a second set of eyes for local motorists at busy times.



Earn an income and still have time to live your life to the fullest.



## Casual roles available

Gosford Local Government Area -86881

## Does this sound like you?

- Willing to work outdoors in all weather conditions.
- Able to communicate with different groups and give clear instructions.
- Community-minded.
- Friendly and positive manner.

## Days and hours

- Shifts will fall between 8:00 am -9:30 am and 2:30 pm – 4:00 pm, Monday to Friday during school terms with a minimum of one hour shift as required

## Apply today

Applications close Wednesday 26<sup>th</sup> July 2023

Visit [jobs.transport.nsw.gov.au](https://jobs.transport.nsw.gov.au) and search for **Reference Number: 86881** or search 'School Crossing Supervisors' for a full list or vacancies or scan the QR code to apply.

For further information, contact Sandhini Chaudhary  
E: [Sandhini.chaudhary@transport.nsw.gov.au](mailto:Sandhini.chaudhary@transport.nsw.gov.au)  
P: 0466 343 704

[jobs.transport.nsw.gov.au](https://jobs.transport.nsw.gov.au)



# Nutrition Snippet

## VEGIE AND PEPITA MUFFINS

Serves: 12 Prep time: 15 mins Cooking time: 25 mins

## Ingredients

- 1 cup pumpkin, cut into 1cm dice
- 1 zucchini, grated & liquid squeezed out
- 3 spring onions, finely sliced
- 1 cup baby spinach leaves, chopped
- 2 eggs
- 1 cup reduced-fat milk
- ½ cup sunflower oil
- 1 cup wholemeal flour
- 1 cup plain flour
- 2 tsp baking powder
- 2 tbsp pumpkin seeds
- Salt & pepper



## Method

**Step 1:** Preheat oven to 180°C. Line a muffin tray with muffin cases.

**Step 2:** Place pumpkin in a microwave-safe bowl, cover with water and cook in the microwave for 3 minutes or until slightly softened. Drain and mash.

**Step 3:** Add the zucchini, spring onions and spinach to the pumpkin and mix.

**Step 4:** Lightly beat together the eggs, milk and oil and pour over the vegetables. Season with a pinch of salt and pepper.

**Step 5:** Sift the flours and baking powder over the top and stir until just combined.

**Step 6:** Spoon the mixture into the muffin cases and sprinkle with pumpkin seeds. Bake for 25 minutes or until cooked through and golden.

[healthylunchbox.com.au](https://healthylunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box



FRIDAYS @ 9AM

# Kariong Coffee Club

Every Friday morning



KPS OOSH ON TOP OVAL

PARENTS, CARERS, BUBS AND GRANNIES

ALL WELCOME FOR COFFEE AND CHIT-CHAT

## Summer Uniform

KARIONG PUBLIC SCHOOL



### Girls

A-line red, white and blue checked **dress**; or navy skorts with a white **blouse** or polo **shirt**

White **socks** (socks to be above ankle bones)

Red **jumper**, red **cardigan** (school logo only) or red and navy school bomber **jacket**

Black **shoes**

### Boys

White **shirt** with white collar button through, or polo shirt

Navy **shorts** to the knee, without side pockets

White or navy **socks** (socks to be above ankle bones)

Red **jumper**, red **cardigan** (school logo only) or red & navy school bomber **jacket**

Black **shoes**