

## UPCOMING EVENTS



### SCHOOL

#### Term 4

#### Wednesday NOV 8:

Early Birds Session 2  
Schools Spectacular Dance  
Rehearsal – Warnervale PS

#### Thursday NOV 9:

Choir Schools Spectacular  
Rehearsal 2

#### Friday NOV 10:

Grandparents Day K- 6 @ 1pm



### P&C

Monday NOV 20: Meeting @  
6:30pm



ABOVE: See photos from our amazing disco in this issue.

FROM THE  
**PRINCIPAL**

## KPS DISCO 2023

**W**e have had a fun filled week here at Kariong with our Kindergarten students for 2024 enjoying their first day here for their Early Birds session on Wednesday. There were lots of smiles and excited faces coming through the gates ready for their first taste of school. They each had an hour and a half in KW with Mrs White, which included some story time in class, a tour of the school and a search for green sheep. We look forward to welcoming our Early Birds each Wednesday over the next

Our  
OFFICE  
HOURS  
are  
8.30am –  
3.15pm

MAKE  
A  
PAYMENT  
  
[LINK](#)

Uniform Shop  
**NEW HOURS**  
Tuesdays  
8:30am-9:30am  
Thursdays  
2:30pm – 3:30pm

**SECURITY  
HOTLINE**

1300 880  
021

**CANTEEN  
ONLINE  
ORDER**

[www.flexi-  
schools.com.au](http://www.flexi-schools.com.au)  
[LINK](#)



few weeks and if you know any school aged children not yet enrolled, please remind them it is time to do so.

Disco

On Wednesday after school, we held our first disco for many years. Our K-2 students were up first and arrived dressed in some amazing costumes. They proceeded to have their hair sprayed, bought glow sticks and lolly bags then danced their feet off for the next hour, our 3-6 students followed, and they also had lots of fun dancing and enjoying their time with their peers. Thank you to all the staff who gave up their own time to organise lolly bags, photo booths and supervise the students throughout the evening. A special thank you to Mrs Mac and Miss Somers for their extra efforts in arranging this special event.

School Spectacular

We are also very much looking forward to our students participating in Schools Spectacular on November 23, 24 and 25. If your child would like to attend the matinee session on Friday November 24, there are still a few tickets for sale. These tickets are \$45 and further information and notes can be collected at the front office. Our choir and dance group have been rehearsing and I know they are very much looking forward to performing at Qudos Bank Arena Olympic Park.

Grandparents Day

We would like to invite all our grandparents to come to the school at 1pm next Friday November 10. If your child doesn't have any grandparents available to attend feel free to send along a special person that can substitute for the day. Grandparents can bring a picnic lunch to have with their grandchildren before watching a performance in our school from 1:30pm. Our choirs , dance groups and drama groups have been rehearsing ready to perform for all the special visitors. After the performance grandparents can visit classrooms with their grandchildren. We will have helpers on the day at both school entrances to ensure the grandparents can find their way to the classes and their grandchildren. Looking forward to seeing lots of grandparents to celebrate this special day.

Class requests for 2024

If you would like to make a request regarding your child in 2024, please put this in writing and return to Mrs Skinner by November 24. Classes for next year will start to be established around this time. Although we try our best to accommodate all requests there are times where this is not possible

due to many factors. Please do NOT request certain teachers as staff will change around each year and not necessarily be on the same grades as this year.

New School Uniform

After consultation with our P&C we have decided on a new school shirt to be included as part of our Kariong Public School uniform. The current white shirts will be slowly faded out as we introduce the new vibrant shirt. There will be photos available shortly with prices etc. This new shirt will be transitioned over the next couple of years or until the white shirts are sold out. Your child can wear either the new shirt or the white one from the start of 2024. Pants, dresses jumpers etc will remain the same for the time being.

November P&C meeting

Our next P&C meeting will be held on November 20 from 6:30pm in our staffroom. Everyone is welcome and this will be our last one for the year. I would like to thank all our parents who have come along throughout the year and supported our school in some way. Over the next few weeks there will be lots of notes coming home regarding Presentation Days, Graduations, Year 6 events, an excursion for Year 3, reward days and much more. Please keep an eye out on our Facebook page with a weekly calendar update as well.

Have a great weekend.



By **TONI SKINNER**  
Kariong Public School  
PRINCIPAL

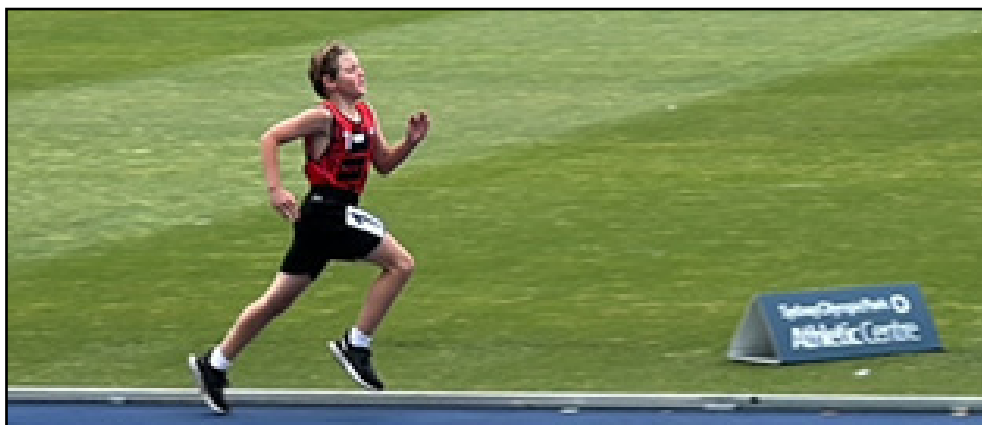






*Congratulations Dylan and Kobe on your athletic successes. We are so proud of your achievements.*

*Dylan has made it to the School Sport Championships to be held later this month in TASMANIA! If you would like to help fund Dylan's trip to TASSIE there are some \$5 raffle tickets for sale in the school office with some great prizes to be won.*





*Kariong Public School*

PRESENTS

# DISCO

## FUN

WOW WHAT FUN WE ALL HAD AT THE DISCO!  
THE DISCO PRIZE WINNERS FOR BEST DANCING WERE:

K-2

ZEPHANIAH K - 2M

TILLY MC - KB

AVANNAH W - KW

STAGE 2

KYLE A - 4B

DAKOTA A - 3/4C

STAGE 3

BIANCA F - 5/6A

THOMAS L - 5/6S

**LINK**

WEBSITE PHOTO GALLERY















# SCHOOL NEWS

## Secondhand Clothing SALE

We currently have a secondhand uniform table set up in the Office. All uniforms on the table are be available for a gold coin donation per item.

Thank you,  
KPS Office Staff



### GOLD BOOK

Aryanna K	KJ
Lachlan C	KJ
Jaxon M	KM
Mason W	KM
Madison A	KM
Emilia H	KM
Bryce S	KM
Elian Z	KM
Fletcher I	KW
Matilda F	KW
Declan F	KW
Hunter J	KW
Willow A	KW
Omar T	1B
Kingston C	1B
Tate H	1B
Connor G	1B
Harlow M	1B
Bryce S	KM
Jaxon M	KM
Jack K	KM
Mia S	KJ
Kobe A	KJ
Laylee W	1M
Isla S	KJ
Thea L	KM
Harper H	KM
Ashton J	KM
Owen V	KJ
Allyanna M	KJ
Liam E	1T
Elijah C	KJ
Elias B	1T
Sophie H	1T



Vision Australia  
Seeing Eye Dogs

## PUPPY AND TRAINING DOG CARING INFORMATION SESSION

Could you volunteer to care for  
a future Seeing Eye Dog  
in the comfort of your own home?

Volunteer and change the life of  
someone who is blind or has low vision  
by caring for a pup or dog in training.

There is no cost to you, just your time  
and a loving and safe home

To find out more, come and meet us on

**MONDAY 6 NOV, 12PM**  
**GOSFORD REGIONAL GALLERY**  
**36 WEBB ST, EAST GOSFORD**

or via Zoom on **TUESDAY 14 NOV, 6PM**



Or speak with one of our friendly staff at 1800 037 773

<https://sed.visionaustralia.org/>



### Kariong Public School Grandparents' & Friends' Day



*Friday 10 November, 2023*

*1 - 1:35 pm: Lunch in the school grounds*

*1:40 - 2:20 pm: Concert in the Hall/COLA*

*2:25 pm - 2:50 pm: Visit classrooms*

### CONCERT PROGRAM

*Acknowledgement of Country*

*Choir*

*Early Stage 1 Dance*

*Stage 3 Drama Group*

*Stage 1 Dance*

*Tech Girls Project*

*Stages 2 & 3 Dance*



Central Coast  
Family Support Services

# GRANDMatters Forum

Friday 10th November 2023

9:30am - 2:30pm

Mingara Events Centre  
12-14 Mingara Drive, Tumby Umbi

**FREE for grandparent carers**

Register on [ccfss.org.au/all-events/register](https://ccfss.org.au/all-events/register)

This forum is to provide grandparents who have full time care of their grandchildren with accurate information, resources and support.

On the day:

- Registrations open at 8:30am
- Forum runs from 9:30am-2:30pm
- Morning tea and lunch included.
- Free childcare available.

Please join us for a day of engaging and informative guest speakers presenting topics affecting grandparent carers. Representatives from government departments and a range of community organisations will also be available to answer questions.

[ccfss@ccfss.com.au](mailto:ccfss@ccfss.com.au)  
21 Old Mt Penang Rd, Kariong NSW 2250

[www.ccfss.org.au](https://www.ccfss.org.au)  
(02) 4340 1585

Key Note Speaker



**Maggie Dent**

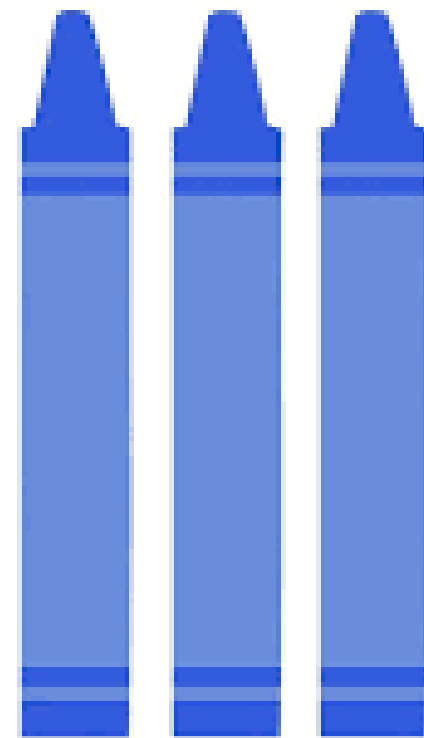
Maggie will explore the topics of "Real Kids in an Unreal World"

"We can't change the world, however we can help our children to develop emotional buoyancy and competence by experiencing life's joys and successes, as well as its challenges and setbacks. When this is done within the safety of supportive relationships — especially in families and communities — one building block at a time from birth to 12, children can grow into being the capable, independent adults we all yearn to meet one day."

CENTRAL COAST



FAMILY SUPPORT SERVICES



# things that are blue!



**We are collecting things that are blue for a special whole school reading event in 2024. Please drop your blue bottle lids into the school office.**



# Kariong Public School



Check Facebook or the school newsletter on our website for more information.

## TERM 4



K-2 Disco: 3:30 – 4:30 pm Wed November 1  
Stage 2 Disco: 5:00 – 6:00 pm Wed November 1  
Stage 3 Disco: 6:15 – 7.15 pm Wed November 1



Grandparents/Friends' Day: 1 pm Frid November 10  
P & C Meeting: 6:30 pm Mon November 20  
Schools Spectacular: November 22/23/24  
Year 6 Mini Fete: Frid December 1  
Stage 3 Presentation Day: 9:30 am Tues December 5  
Stage 2 Presentation Day: 9:30 am Thurs December 7  
Stage 1 Presentation Day: 11:40 am Wed December 6  
Kindergarten Presentation Day: 9:30 am Wed December 6  
Yr 6 Farewell: Tues December 12  
Year 6 Graduation: Thurs December 14  
K-4 Fun Day: Frid December 15

### Early Birds Program for Kindergarten 2024

Wed 1 Nov  
Wed 8 Nov  
Wed 15 Nov (uniforms)  
Wed 22 Nov



43 401885



kariong-p.schools.nsw.gov.au



Kariong Public School

## Transport for NSW

### School Student Travel

Term 4 2023



#### 2024 school travel applications are now open

Students who need a new or replacement School Opal card or travel pass for 2024 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement because of a new shared parental arrangement (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification for their school travel entitlement should [renew or update](#) their details **before the end of term 4**. This will ensure that schools can endorse applications, and travel passes remain valid for the start of the 2024 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email. Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply. [Term Bus Pass](#) holders will receive a notification to re-apply. Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2024.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

#### Changes to your bus service provider

Within Greater Sydney, a number of bus service providers have changed their names. Parents intending to lodge an application for a School Opal card will need to visit [transportnsw.infotrip planner](#) to obtain the correct bus operator name servicing your area prior to lodging an application.

#### Travel from Term 1 2024

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2024 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2023, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year. The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



# Nutrition Snippet

## TUNA PILAF

**Serves: 6**   **Prep time: 10 mins**   **Cooking time: 30 mins**



### Ingredients

1¼ cup basmati or long grain white rice  
1 tbsp olive oil  
1 brown onion, diced  
1 tsp mild curry powder  
2½ cups salt reduced stock  
1 cup frozen carrots, peas & corn mix  
1 x 425g tin tuna in springwater, drained  
2 tomatoes, diced  
Juice of 1 lemon  
1/3 cup fresh parsley, chopped

### Method

Step 1: Rinse rice under cold water until water runs clear. Drain and set aside.

Step 2: Heat the olive oil in a large pan over medium heat. Add the onion and curry powder and cook until soft. Add the rice and cook, stirring, for 1 minute.

Step 3: Add the stock, cover and simmer over low for 7 minutes or until the stock is nearly absorbed.

Step 4: Stir through the carrots, peas and corn. Cover and cook for 3 minutes.

Step 5: Flake the tuna into large pieces. Add to the rice with the tomatoes, lemon juice and parsley. Stir carefully until just combined.

For this recipe and more visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box

FRIDAYS @ 9AM

# Kariong Coffee Club

*Every Friday morning*



KPS OOSH ON TOP OVAL

**PARENTS, CARERS, BUBS AND GRANNIES**  
**ALL WELCOME FOR COFFEE AND CHIT-CHAT**



# Summer Uniform

KARIONG PUBLIC SCHOOL



## Girls

A-line red, white and blue checked **dress**; or navy skorts with a white **blouse** or polo **shirt**

White **socks** (socks to be above ankle bones)

Red **jumper**, red **cardigan** (school logo only) or red and navy school bomber **jacket**

Black **shoes**

## Boys

White **shirt** with white collar button through, or polo shirt

Navy **shorts** to the knee, without side pockets

White or navy **socks** (socks to be above ankle bones)

Red **jumper**, red **cardigan** (school logo only) or red & navy school bomber **jacket**

Black **shoes**