



Monday 21 June 2022

Dear Parents/Carers,

Life Education (Healthy Harold) will be visiting our school from Monday 1 August 2022 to Wednesday 10 August 2022. During this time, each class will attend a Life Education session and every child will be given a life education workbook. Please complete the attached permission note then return it and the \$12 payment to the office by **Friday 29 July 2022**.

Title	Healthy Harold Life Education Program
Brief Description	<p>Here is a brief outline of the range of programs that will be seen by the children:</p> <p>Kindergarten – <b>My Body Matters</b> - Students will learn about healthy food choices, importance of physical activity and general safety.</p> <p>Years 1 and 2 – <b>Safety Rules</b> – Students will learn about problem solving, personal safety, seeking help, how to care for others and behaviours that maintain friendships.</p> <p>Year 3 – <b>B Cyberwise</b> – Students will learn to use responsible and respectful behaviour when using communication technology and how to keep their personal information safe when online.</p> <p>Year 4 – <b>Mind Your Medicine</b> – Students will learn about safe and unsafe situations, medicines and consequence of misuse, peer influence and friendships.</p> <p>Years 5 and 6 – <b>Decisions</b> - This module offers choice of content on legal drugs or legal and illegal drugs. Students explore the decision-making process and improve decision-making skills by looking at choices, consequences, responsibility, facts and influences.</p> <p>The programs address many of the components and outcomes within the NSW PDHPE curriculum.</p>
Venue	Life Education Van at Kariong Public School
Day and Date	Classes will attend the van for a session from Monday 1 August 2022 – Wednesday 10 August 2022.
Cost	<b>\$12</b>
Organising Teacher	Mrs Kerry Rayner

Kerry Rayner  
Rel. Deputy Principal

Toni Skinner  
Principal

## Excursion Consent Form

### Healthy Harold Life Education Program

Permission note and money \$12 due by Friday 29 July 2022 to the office.

#### General Permission Details

- ☐ I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to participate in the **Healthy Harold Life Education Program from Monday 1 August 2022 – Wednesday 10 August 2022.**

#### Payment Options (Please circle one amount and include online receipt number if required.)

Date \_\_\_\_\_ Payment for \_\_\_\_\_

Student Name \_\_\_\_\_ Class \_\_\_\_\_

☐ I enclose a **CASH** amount of \$ \_\_\_\_\_

☐ I paid by **EFTPOS** the amount of \$ \_\_\_\_\_

Please attend the school office to pay by eftpos at the counter

☐ I have paid **ONLINE** via the school website for the amount of \$ \_\_\_\_\_

My receipt number is \_\_\_\_\_ Date \_\_\_\_\_