

KPS

Canteen Counter Menu

To be used by anyone not ordering on-line

Term 2 2020



Sandwiches, Rolls & Wraps

Prepared fresh in the Canteen.
Available every day to order.

Ham or Chicken & Salad	\$5.00
Salad with Cheese	\$4.00
Ham & Tomato	\$4.00
Cheese & Tomato	\$3.50
Salmon	\$3.50
Tuna	\$3.50
Chicken	\$3.50
Ham	\$3.50
Salad	\$3.50
Cheese	\$3.00
Egg	\$3.00
Vegemite	\$2.00
Buttered sandwich	\$1.50
Buttered roll	\$1.50

Sandwich Extras

Wrap or Roll instead of bread	Free
Gluten Free Bread	\$0.50
Toasted	\$0.50
Avocado	\$1.00
Beetroot	\$0.50
Carrot	\$0.50
Cheese	\$0.50
Cucumber	\$0.50
Lettuce	\$0.50
Pineapple	\$0.50
Tomato	\$0.50
Salad (Carrot Tomato Lettuce Cucumber)	\$1.50
Variety Of Sauces Available	



Fresh Salads

Available to order for lunch

Caesar Salad \$5.00
Lettuce, Croutons, Bacon, Parmesan & Dressing Add chicken if you wish \$1.00

Greek Salad \$5.00
Lettuce, Capsicum, Tomato, Feta, Onion, Cucumber, Olives & Dressing

Garden Salad \$5.00
Lettuce, Tomato, Carrot, Celery, Capsicum, Cucumber & Dressing

Pasta Salad \$5.00
Pasta, corn, carrot, capsicum, cherry tomatoes & dressing

Hot Foods

Available every day to order

Yummy Drummies	Recess Only	\$1.00
Pizza Slice	Recess Only	\$2.00
Chicken Noodle Soup	GF	\$2.00
Junior Beef Pie (Low Fat)		\$2.00
Garlic Bread		\$1.50
Boiled Rice	GF	\$2.00
2 Minute Noodles		\$2.50
2 Minute Noodles	GF	\$2.50
Toasties	From	\$3.00
Hot Dog		\$3.00
Hot Dog with Cheese		\$4.00
Dinosaurs Chicken Nuggets (5)		\$4.00
Gluten Free Nuggets (5)		\$4.00
Beef Pie (Low Fat)		\$4.00
Beef Pie	GF	\$4.50
Sausage Roll (Low Fat)		\$3.00
Sauce Sachets		\$0.30

Homemade Meals

Available every day to order for lunch

Butter Chicken with Rice	GF	\$5.00
Spaghetti Bolognese		\$5.00
Chicken Fried Rice	GF	\$5.00
Vegetarian Fried Rice	GF	\$4.00

Drinks

Available both breaks to order

300ml Spring Water	\$1.00
600ml Spring Water	\$2.00
1.5l Water	\$3.00
Sparkling Water 3 Flavours	\$3.00
Juice Cup x 3 Flavours	\$1.00
Chill J Sparkling Juice 4 Flavours	\$2.50
Fruit Juice 250 ml	\$2.50
Milk (Plain) 300ml	\$2.00
Plain Milk with Siparh Straw	\$2.50
Milk (Flavoured) 300ml	\$2.50
Up & Go	\$2.50
Hot Chocolate	Small \$2.00
Hot Chocolate	Large \$3.00
Milo Milk	Small \$2.00
Milo Milk	Large \$3.00



Snack Foods

Available both breaks to order

Cruskits (4) or Rice Cakes GF (4)		
With Vegemite	\$2.00	
With Cheese	\$2.50	
Garlic Bread	\$1.50	
Bread Sticks	\$0.50	
Milo Wholegrain Cereal	from \$0.50	
Coco Bombs Cereal	GF from \$0.50	
Fruity Bites Cereal	from \$0.50	
Homemade ANZAC Cookies	\$1.00	
Popcorn x 3 Flavours	\$1.50	
Red Rock Sea Salt Deli Chips	GF \$1.50	
Low Fat Muffins	\$2.00	
Banana Bread	\$2.00	

Fresh Fruit & Veg Snacks

Available both breaks to order



Cucumber Sticks	\$1.00
Carrot or Celery Sticks	\$1.00
Veg Combination Pack	\$1.00
Vege Sticks with Dip	\$2.00
Orange (cut if required)	\$1.50
Apple	\$1.50
Watermelon	\$1.50
Medium Fruit Salad	\$3.50
Medium Fruit Salad & Yoghurt	\$4.00
Medium Fruit Salad & Custard	\$4.00

Cold Snacks

Available both breaks to order

Jelly From	\$1.00
Plain Custard From	\$1.00
Jelly & Custard From	\$1.00
Jelly & Yoghurt From	\$1.00
Jelly with Fresh Fruit	\$2.00
Jelly with Fresh Fruit & Custard	\$2.50
Chocolate Mousse	\$2.00
Low Fat Yoghurt	\$2.00
Yoghurt with Fruit Pieces	\$2.50

Frozen Snacks

Available both breaks to order

Icy Cup	\$0.50
Quelch Juice Sticks x 4 flavours	\$0.50
Frozen Juice Cup x 3 flavours	\$1.00
Ice Mony 3 Flavours	\$1.00
Juicies Tubes x 4 flavours	\$1.50
Frozen Fruit Yoghurt	\$2.50
Frozen Yoghurt with Fruit Pieces	\$2.50
Tub Low Fat Icecream	\$1.50
Paddle Pop	\$2.00

Order on Flexischools for more variety