



Kariong Public School  
**VIEW TO THE FUTURE**

# **Kariong Public School**

# **Sports Policy**

**Updated May 2020**

### ***Rationale***

The Department of Education requires that students in Years K-6 participate in a minimum of 150 minutes of planned moderate with some vigorous physical activity across the school week. Therefore, sport is a complementary aspect of the PD/H/PE syllabus. Students need to be provided with opportunities to participate in a range of sporting activities/programs commensurate with their ability and /or interest. Sport assists in the development of a healthy lifestyle by promoting physical activity. It is important that student's school experiences in physical activity are conducted in a safe and supportive environment. By creating a safe and supportive environment it will not only protect students from injury but will encourage their lifelong participation in regular physical activity.

### ***Outcomes***

- ◆ Clear guidelines for implementation of sporting programs at Kariong Public School.
- ◆ Clear and consistent guidelines for selection of team/group members.
- ◆ Students, parents/carers and staff have a clear understanding the acceptable code of conduct that is expected during sporting activities.

### ***School Based Sport Programs***

All students are required to participate in sporting and fitness activities incorporating the 12 fundamental movement skills as part of the PD/H/PE syllabus. Awards for sport are given at weekly Stage Assemblies. Awards can be given to a student who has excelled or shown good sportsmanship during class sport.

### ***Representative Sport***

Representing the school provides an opportunity for students to extend their skills and compete against students from other schools. Representing the school is an **honour** and students have the responsibility to compete at all times in a manner that demonstrates our schools core values of Respect, Responsibility and Personal Best. Participation in representative sport is linked to Kariong Public School's Student Well Being Policy. This policy states if a student has received 5 or more orange slips they are unable to represent the school for 5 days. It also states if a student has had 4 or more incidents in the planning room they are unable to represent the school for 5 days. The student and parents/carers will be informed of this decision by an Assistant Principal or the Deputy Principal.

## **Selection Criteria of Teams**

### **Selected Days and PSSA Knockout Competition**

The school will participate in competitions organised by PSSA. The Sports Coordinator, in consultation with other staff members will nominate the sports for the following year. Selection for teams is based on Sydney North District PSSA rules. The rules can be found on their website. [Sydney North PSSA website](#)

Once each season's sports have been finalised by the PSSA, teachers in charge are selected for the sports. The teacher in charge organises selection trials.

Selection of teams will be based on merit, i.e. those students demonstrating the highest skill proficiency will be selected. In the case of open age teams, older students will generally demonstrate more highly developed skills than younger students and thus will be strongly represented in teams. Younger students will have opportunities in their later schooling and will only be selected if inadequate numbers of proficient senior players are available. In all teams, one or two players above the team requirement will be selected to form a squad of players to allow for substitution and in case of injury, illness, and other school related commitments.

Once a student is selected, the code of behaviour is signed and returned and parent permission is obtained, students are committed to their teams for the entire length of the competition. See Appendix 4.

Teachers in charge should include a brief report about the competition in the newsletter after each round/gala day is played. Students may write the report or the teacher may prefer to.

### **Brisbane Water and Sydney North Trials – Selection of Students.**

For a lot of sports, Brisbane Water PSSA and Sydney North call for nominations of students to trial for district teams or squads to represent at carnivals or Trials. Only students in Year 5 and 6 are eligible for these trials. The Sports Coordinator, after consultation with teachers in charge of sports teams (where applicable), can select or approach students who display the ability and have the necessary experience to trial. If there are more students eligible than the maximum asked to trail, selection trials at school may be held to determine participants.

### **Carnivals - Athletics, Swimming and Cross Country**

School Carnivals enable all children to participate in Athletics, Swimming and Cross Country events and enables District Carnival Participants to be selected on merit. District qualification for every carnival is determined by the Brisbane Water PSSA. However, if an athlete is unable to compete at the School Carnival, consideration will be given to them becoming an additional entry based upon proven past performance. Relay teams will be selected based upon results at the School carnival, and other factors such as previous performance within school competition and training.

All children 8 years and older are eligible to compete at the school carnivals. Following is a table with each carnival's information.

**Kariong Public School – Carnival Information**

<b>Carnival</b>	<b>Date</b>	<b>Field Booking</b>	<b>Staff Plan Transport</b>	<b>Awards Presented</b>	<b>BWPSSA District Competitors Transport</b>	<b>Sydney North</b>	<b>State</b>
Swimming	Book <b>immediately</b> after Carnival at beginning of year. Needs to be held within first four weeks of School Year.	Peninsula Leisure Centre Check booking on <u>Day One</u> of new school year.	Carnival organiser to draw up plan. Years 3-6 and children in year 2 turning 8 that year can attend. Book buses in term 4 previous year. All parents pay pool entry. Competitors to go on the first two buses.	Ribbons to first 3 place getters in age groups. Trophy given for age champions at an assembly.	District Competitors are selected based on times from the school carnival. (Maximum of 2 competitors per event) In 100m & medley competitors MUST meet the qualifying time. All other events FIRST is entered regardless of time BUT the second swimmer must meet the qualifying time. Parents transport their own child to the Carnival. Where possible, 2 staff members should go to District Carnival.	Children who are selected for Sydney North Carnival are transported by parents to the venue.	Children who are selected for State Carnival are transported by parents. The P&C may make a donation to assist students who make it to national level.
Cross Country	Needs to be held late early Term 2 and a wet weather dates booked as well.	Held at Kariong Oval. Book with Central Coast Council late Term 4 for the following year.	Carnival Organiser to draw up plan. Years 3-6 and 8yr old Yr2's participate .	Ribbons to first 10 placings in age groups at the Carnival. Trophy given for age champions at an assembly.	The first 6 place getters in each age group attend the District carnival. Parents transport their own child to the Carnival. Where possible, 2 staff members should go to District Carnival.	Children who are selected for Sydney North Carnival are transported by parents to the venue.	Children who are selected for State Carnival are transported by parents. The P&C may make a donation

							to assist students who make it to national level.
Athletics	Held late Term 2 or early Term 3 and book a wet weather dates as well.	Held at Adcock Park. Book with Central Coast Council late Term 4 for the following year.	Carnival Organiser draw up plan. Years 3-6 and 8yr old Yr2's participate. Buses ordered as to drop children to and from the carnival. K-2 have own sports day at school during the year.	Ribbons given to first 3 placings in age groups at an Assembly after the Carnival. Trophy given for age champions at an assembly after they have been determined.	First 2 place getters in all track events will be selected for the District Carnival. For field events FIRST place automatically goes BUT the second athlete MUST meet the qualifying distance. Parents transport their own child to the carnival. 2 staff members attend each of the days of competition.	Children who are selected for Sydney North carnival are transported by parents to the venue.	Children who are selected for State carnival are transported by parents. The P&C may make a donation to assist students who make it to national level.

### **Coaching and Management of Teams**

- ◆ For teachers who volunteer to coach a PSSA team, less playground duty may be allocated.
- ◆ There is an expectation that all players in a team or squad will attend regular training sessions as designated by the Teacher in charge of the team or squad.
- ◆ Failure to attend training sessions without a reasonable excuse, as accepted by the Teacher in charge of the team or squad, may result in the player given limited playing time at the next game or not competing at a Carnival.
- ◆ Parents may be a good source of expertise for a particular sport or carnival. If the teacher in charge feels that they may need parent assistance in training a PSSA team or for District Carnivals or in assisting with school sport, they will approach the Sport Coordinator and Principal before approaching the parent. If the Principal and Sport Coordinator agree that a parent or particular parent will be of assistance, then the Teacher in charge may approach the parent. If the parent is in agreement, then the appropriate working with children checks will need to be completed by the parent before any contact with students. As well, if the parent is involved with a PSSA Team or District Carnival organisation, they must sign a Code of Behaviour before attending these events.
- ◆ **However, it is Brisbane Water PSSA policy that NO PARENT may UMPIRE/REFEREE at PSSA games or carnivals.**

### **Code of Behaviour**

All students are expected to show our schools core values of Respect, Responsibility and Personal Best when representing the school. A player who fails to show acceptable behaviour may be withdrawn from the team for a period of time determined by the teacher.

Spectators are expected to support our teams by displaying good sportsmanship and positive encouragement. Spectators are representing our school and parent body and as such it is essential that they set a good role model for students and refrain from questioning referees' decisions.

Sporting opportunities are for students to enjoy physical activity in a positive and rewarding learning environment. It is essential that the competitive nature of sport does not interfere with students' enjoyment of sporting opportunities at Kariong Public School.

A child cannot represent the school in a PSSA team unless they and their parents have signed a Code of Conduct. (Appendix 4 & 5)

## Major School Awards

### **House Championship Trophies**

At the end of every school carnival, a trophy is awarded to the best performed house. Points are allocated as follows for the **Swimming and Athletics Carnivals**:

<b>Heats &amp; Finals</b>	1 <sup>st</sup> place - 4 pts
	2 <sup>nd</sup> place - 3 pts
	3 <sup>rd</sup> place - 2 pts
	4 <sup>th</sup> place - 1 pt

Every student who enters a heat also receives 1 point for their house. The house with the highest points score shall be awarded the trophy.

For the **Cross Country Carnival**, points are allocated as follows:

1 <sup>st</sup> place -10 pts	2 <sup>nd</sup> place - 9 pts	3 <sup>rd</sup> place - 8 pts	4 <sup>th</sup> place – 7 pts	5 <sup>th</sup> place - 6 pts
6 <sup>th</sup> place – 5 pts	7 <sup>th</sup> place – 4pts	8 <sup>th</sup> place – 3 pts	9 <sup>th</sup> place – 2pts	10 <sup>th</sup> place – 1 pt

Every student who enters also receives 1 point for their house. The house with the highest points score shall be awarded the trophy.

### Age Champions from Carnivals

At the end of every Carnival, an award for Age Champion will be given for Junior Boy and Girl, 11 Year Boy and Girl and 12/13 Year Boy and Girl. Points will be allocated per event as follows:

<b>School Carnival  Final Placing Only</b>	1 <sup>st</sup> place - 4 pts
	2 <sup>nd</sup> place - 3 pts
	3 <sup>rd</sup> place - 2 pts
	4 <sup>th</sup> place - 1 pt

The student with the highest total of points shall be awarded the appropriate age champion award. The award will be presented at an Assembly as soon as possible after the completion of all relevant carnivals.

### **Sport Boy / Sport Girl of the Year Awards**

The Sport Boy and Sport Girl Awards are presented at Presentation Day to the best performed Year 6 girl and boy for sport during the current year. Points will be allocated to eligible students based on the following:

**School carnival** – taken from results from school carnival

**Representing the school in a PSSA Team** – 2 points per team

**Representing in a District Team/Carnival** – 5 points per team/event + event points

**Representing in a Sydney North Team/Carnival** – 10 points per team/event + event points

**Representing in a State Team/Carnival** – 15 points per team/event + event points

**Representing in a National Team/Carnival** – 20 points per team/event + event points

During Term 4 the Sports Coordinator will ask for students to complete a form detailing their Sporting success for the current year. The Sports Coordinator then tallies the individual scores based on the table above. The student with the highest point score will be awarded the relevant award.



## **Appendix 1**

### **Related DoE Policies and Guidelines**

The following DoE policies and guidelines outline expectations, behaviour and documentation that is required:

[DoE Sport and Physical Activity Policy](#)

[Sport Safety Guidelines](#)

[DoE Health & Safety](#)

### ***Kariong P.S. Policies***

- ◆ *KPS Student Well Being Policy*
- ◆ *KPS Excursion Policy*
- ◆ *House Captain Election Policy*

## Appendix 2

### General Guidelines

The following guidelines are adapted from “*Guidelines for the Safe Conduct of Sport and Physical Activity in Schools*” (1999).

#### 1 **Supervision of Students**

- ◆ At all times the supervision of students is the direct responsibility of the teacher/s coordinating the sport/activity.
- ◆ Teachers take overall responsibility for the supervision of students during sporting activities where an adult other than a teacher accompanies the group to provide instruction or to assist with supervision, e.g. Triskills Gymnastics, Athletics and Dance.
- ◆ The supervision ratio of students to teaching staff, for any sporting activity, will be determined through reference to the “*Guidelines for the Safe Conduct of Sport and Physical Activity in Schools*”(1999).

#### 2 **Safety and Child Protection**

- ◆ Students requiring medication during sporting activities will do so following the School’s *Administration of Prescribed Medication Guidelines*.
- ◆ The safety guidelines for each sporting activity undertaken by the School will be made with reference to “*Guidelines for the Safe Conduct of Sport and Physical Activity in Schools*” (1999).
- ◆ Any activity involving swimming or water activities will be accompanied by a member of staff who possesses current training in cardio-pulmonary resuscitation (CPR) and emergency care.
- ◆ A member of staff who has undertaken emergency care training will accompany all other activities.
- ◆ Staff must follow departmental requirements in relation to child protection, including mandatory reporting, which apply while supervising sporting activities.

#### 3 **Permission to undertake Sporting Activities and Travel Arrangements**

- ◆ Before any activity, a Risk Management Assessment will be carried out including venues for the sport activity.
- ◆ For sport activities, specific focus programs (e.g. aquatic activities) and physical activities conducted outside the school grounds, the school will inform parents or caregivers about the location, costs, mode of travel and supervision arrangements, activities to be undertaken and dismissal times, where it is appropriate, before permission is obtained. This would include regular weekly sport, zone and higher representative sport competitions, fixtures and carnivals.
- ◆ Consent may be obtained for a block of a particular sport or activity, provided details of the duration of the block are provided and any variations are notified to parents/caregivers. The block sport note should indicate permission for the season.
- ◆ Where small groups of students have to travel away from school (e.g. 3 or 4 competitors to a carnival), parents or caregivers must be notified and give approval for such arrangements. This particularly applies to sporting activities where parent volunteers have been organized to transport students to and from venues in private vehicles. Transport in private vehicles will follow the guidelines of the *Excursions Policy*. (2004)

### **Appendix 3**

#### ***Sports Medical Insurance***

- ◆ There is no personal injury insurance cover provided by the NSW Department of Education and Training for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, school sport district, region and state school sport associations when deciding whether additional insurance cover, above that provided by Medicare, is required. Personal accident insurance cover is available through normal retail insurance outlets. The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body. Further information can be obtained from [www.sportinginjuries.com.au](http://www.sportinginjuries.com.au).



**Appendix 4**

**PSSA CODE OF CONDUCT**

Dear Parents / Carers

As you are aware, your child has been selected to represent Kariong Public School in a BWPSSA team or carnival. They will be an ambassador not only for their sport but also for this school and your family.

Their behaviour and attitude toward sport will help those they play and others form an opinion of the kind of school to which they belong.

As responsible team members and as parents, you are both required to abide by a Code of Conduct for Players and Parents/Spectators.

Please discuss and co-sign the following codes of behaviour with your child to ensure a common understanding between students, staff and parents of Kariong School.

**Code of Conduct for Players**

1. Maintain acceptable schoolwork standards.
2. Maintain acceptable behaviour standards at school, in class and when you represent the school.
3. Be punctual and attend all training sessions. Inform the coach when unable to attend.
4. Dress in the appropriate uniform for the sport you play.
5. Cooperate at all times with the coach, team mates and the competing school.
6. Try to the best of your ability at all times.
7. Compete by the rules and always respect and abide by the referee's/umpire's decision.
8. Be a good sport. Encourage fellow team members. Play for the fun of it and allow others to enjoy it.
9. Control your temper, making no criticism either by word or gesture.
10. Behave responsibly while travelling to and from a venue.
11. Sit down and support the other teams whilst not involved in the game being played.
12. Conclude each game by congratulating the competing school.
13. Treat all players as you would like to be treated. Bad language, sledging and bullying on or off the field is NEVER accepted.
14. Be responsible for packing equipment – sharing the work.

I have read the Code of Conduct carefully with my parents and understand it. I am aware that not following the Code of Conduct may result in being unable to represent the school playing sport.

***I agree to compete within the Code of Conduct at all times when representing Kariong Public School.***

**Signed:..... Date: .....**



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## **Appendix 5**

### **Code of Conduct for Parents / Spectators**

1. Encourage participation by your child/children.
2. Encourage honest effort and skilled performance.
3. Remember that children play sport for THEIR enjoyment.
4. Provide a model of good sports behaviour for your child to copy. Applaud good play by all teams.
5. Never ridicule or yell at a child for making a mistake or losing a game.
6. Support all efforts to remove verbal and physical abuse from sporting activities.
7. Be COURTEOUS in your communication with players, team coach, team officials, game officials and sport administrators and show appreciation for their services.
8. Do not interfere with the conduct of any events.
9. Respect officials' decisions and teach children to do likewise.

I have read the Code of Conduct for Parents / Spectators and understand it. I am also aware that there may be consequences if I do not follow it.

***I agree to act in accordance with the guidelines set out in the Code of Conduct for Parents / Spectators of Kariong Public School.***

**Signed:** ..... **Date:**.....